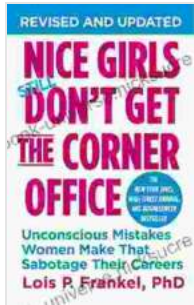


# Unconscious Mistakes Women Make That Sabotage Their Careers: A Review of "Nice Girls Don't Get the Corner Office"



Nice Girls Don't Get the Corner Office: Unconscious Mistakes Women Make That Sabotage Their Careers (A NICE GIRLS Book) by Chris Fussell

★★★★☆ 4.6 out of 5

Language : English  
File size : 4212 KB  
Text-to-Speech : Enabled  
Enhanced typesetting : Enabled  
X-Ray : Enabled  
Word Wise : Enabled  
Print length : 385 pages  
Screen Reader : Supported



In her groundbreaking book, "Nice Girls Don't Get the Corner Office," Lois Frankel exposes the unconscious mistakes women often make that hinder their career advancement. Frankel argues that women are socialized from a young age to be "nice girls" - to be polite, compliant, and self-effacing. While these qualities may be valued in personal relationships, they can be detrimental to women in the workplace.

Frankel identifies ten common mistakes that "nice girls" make, including:

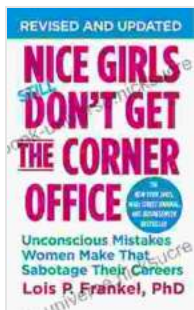
\* **Not speaking up for themselves.** Women often hesitate to voice their opinions or ideas, especially in front of men. This can make it difficult for

them to be taken seriously as leaders. \* **Not taking credit for their work.** Women often downplay their accomplishments or attribute them to others. This can make it difficult for them to get the recognition and rewards they deserve. \* **Not negotiating for what they want.** Women are often less likely than men to negotiate for higher salaries, promotions, or other benefits. This can result in them being paid less and having less career opportunities. \* **Putting others before themselves.** Women often spend their time and energy taking care of others, such as their children, spouses, or coworkers. This can leave them with less time and energy to focus on their own careers. \* **Being too passive.** Women may be reluctant to take risks or make waves. This can make it difficult for them to stand out and be noticed. \* **Not being assertive.** Women may be afraid to speak up or assert themselves, especially in male-dominated environments. This can make it difficult for them to be taken seriously or to get their ideas heard. \* **Not networking.** Women are less likely than men to network with other professionals. This can make it difficult for them to find out about new job opportunities or get the support they need to advance their careers. \* **Not mentoring other women.** Women are less likely than men to mentor other women. This can make it difficult for women to find role models and support systems to help them succeed. \* **Not believing in themselves.** Women often lack self-confidence and believe that they are not capable of achieving success. This can hold them back from even trying to advance their careers. \* **Trying to be perfect.** Women often strive to be perfect in everything they do. This can lead to them feeling overwhelmed and burnt out.

Frankel provides a wealth of practical advice to help women overcome these obstacles. She encourages women to be more assertive, to speak up

for themselves, and to network with other professionals. She also emphasizes the importance of self-awareness and self-confidence.

"Nice Girls Don't Get the Corner Office" is a must-read for any woman who wants to advance her career. Frankel's insights are invaluable, and her practical advice can help women overcome the unconscious mistakes that are holding them back.



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