

Nine Ways of Seeing the Body



Nine Ways of Seeing a Body by Sandra Reeve

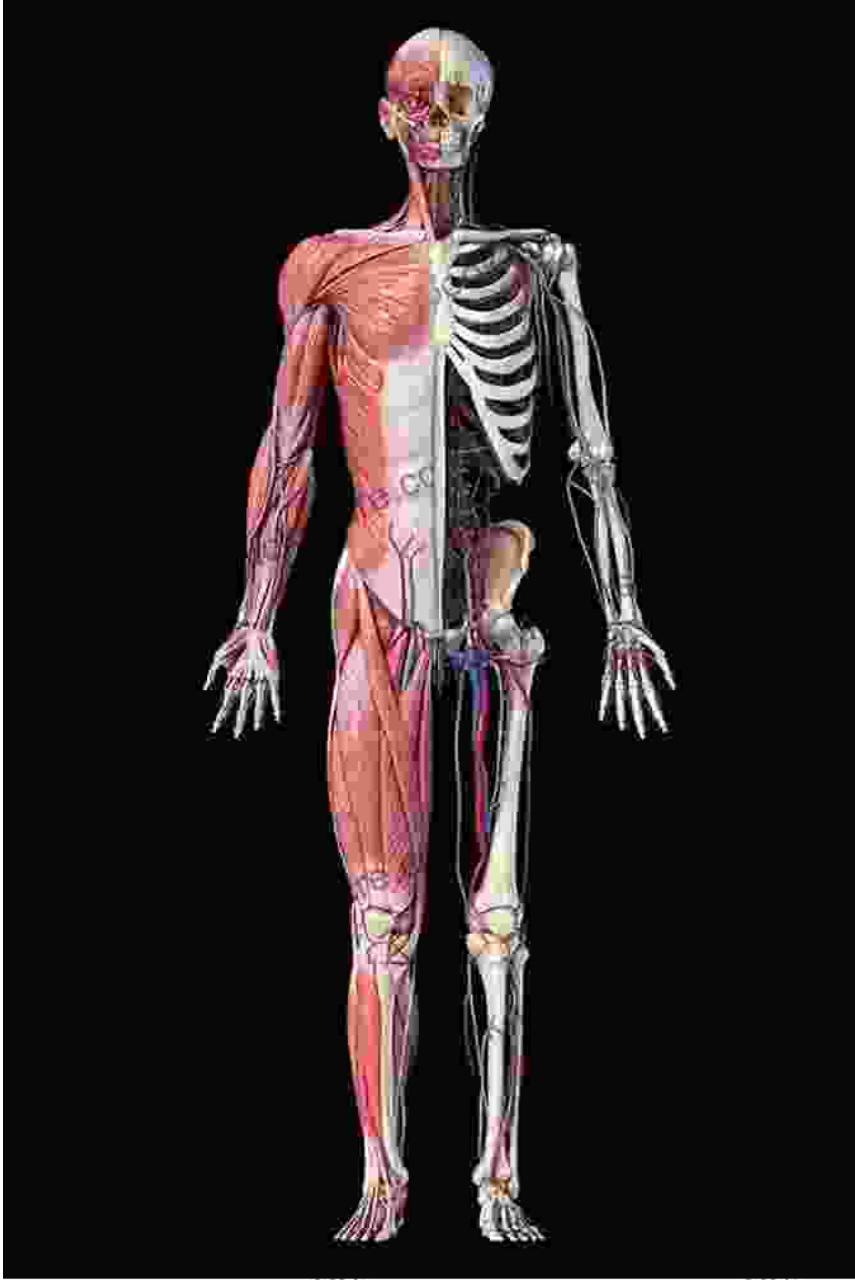
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The body is a complex and multifaceted thing. It is both a physical object and a symbol of our identity. We can see our bodies in many different ways, depending on our perspective and our experiences.

Here are nine different ways of seeing the body:

1. The Scientific Body

The scientific body is the body as seen by scientists. Scientists study the body's structure, function, and chemistry. They use their knowledge to develop new treatments for diseases and to understand how the body works.

The scientific body is often seen as the most objective way of seeing the body. However, it is important to remember that science is not always perfect. Scientists can only see what they can measure, and there are many things about the body that we still do not know.

2. The Medical Body

The medical body is the body as seen by doctors. Doctors are concerned with the health of the body, and they use their knowledge to diagnose and treat diseases.

The medical body is often seen as a machine that needs to be fixed when it breaks down. However, it is important to remember that the body is not just a machine. It is a living organism that is capable of healing itself.

3. The Artistic Body

The artistic body is the body as seen by artists. Artists use their bodies to create works of art. They may paint, sculpt, dance, or perform music.

The artistic body is often seen as a thing of beauty. However, it is important to remember that the body is not just a canvas. It is a living organism that is capable of expressing a wide range of emotions.

4. The Cultural Body

The cultural body is the body as seen by culture. Culture shapes our beliefs and values about the body. It tells us what is considered to be beautiful, healthy, and normal.

The cultural body is often seen as a reflection of our society. However, it is important to remember that culture is not static. It changes over time, and it can be different in different parts of the world.

5. The Spiritual Body

The spiritual body is the body as seen by spirituality. Spirituality is the belief that there is something more to life than the physical world. It often involves a belief in a soul or spirit that is separate from the body.

The spiritual body is often seen as a source of wisdom and guidance. However, it is important to remember that spirituality is not a substitute for science. It is a different way of understanding the world.

6. The Gendered Body

The gendered body is the body as seen by gender. Gender is a social construct that assigns different roles and expectations to men and women. It influences the way we see our bodies and the way we interact with the world.

The gendered body is often seen as a source of inequality. However, it is important to remember that gender is not fixed. It is a fluid concept that can change over time.

7. The Racialized Body

The racialized body is the body as seen by race. Race is a social construct that divides people into different categories based on their physical appearance. It influences the way we see our bodies and the way we are treated by others.

The racialized body is often seen as a source of discrimination. However, it is important to remember that race is not biological. It is a social construct that can change over time.

8. The Disabled Body

The disabled body is the body as seen by disability. Disability is a physical or mental impairment that can limit a person's ability to function. It influences the way we see our bodies and the way we interact with the world.

The disabled body is often seen as a source of pity. However, it is important to remember that disability is not a tragedy. It is simply a different way of being.

9. The Embodied Body

The embodied body is the body as seen by experience. It is the body that we live in and through. It is the body that feels, moves, and thinks.

The embodied body is often seen as the most subjective way of seeing the body. However, it is important to remember that our experiences of our bodies are real. They shape the way we see ourselves and the world.

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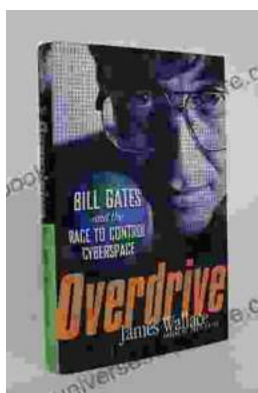
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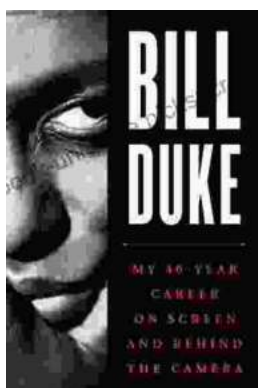
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