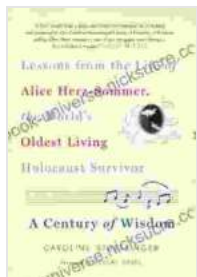


# Lessons From the Life of Alice Herz-Sommer: The World's Oldest Living Holocaust Survivor



## A Century of Wisdom: Lessons from the Life of Alice Herz-Sommer, the World's Oldest Living Holocaust Survivor by Caroline Stoessinger

★★★★☆ 4.7 out of 5

Language : English  
File size : 1063 KB  
Text-to-Speech : Enabled  
Screen Reader : Supported  
Enhanced typesetting : Enabled  
Word Wise : Enabled  
Print length : 258 pages



Alice Herz-Sommer, who passed away at the age of 110 in 2014, was the world's oldest living Holocaust survivor. Born in Prague, Czechoslovakia in 1903, she experienced firsthand the horrors of the Holocaust. Despite the unspeakable suffering she endured, Alice never gave up hope. She lived a long and fulfilling life, filled with love, music, and purpose.

## Lessons from Alice's Life

Alice's life story is an inspiring example of resilience, hope, and the power of love. Here are some of the key lessons we can learn from her life:

### 1. Resilience is possible even in the face of adversity.

Alice experienced unimaginable horrors during the Holocaust. She was imprisoned in the Theresienstadt concentration camp for two years, where she witnessed unspeakable atrocities. Despite the unimaginable suffering she endured, Alice never gave up hope. She found strength in her love of music and her belief in the power of love. Alice's story teaches us that resilience is possible even in the face of the most extreme adversity.

## **2. Hope is essential for survival.**

Alice never gave up hope, even during her darkest days in the concentration camp. She believed that she would one day be reunited with her family and that she would live a full and happy life. Alice's story teaches us that hope is essential for survival. It gives us the strength to keep going, even when things seem hopeless.

## **3. Love is the most powerful force in the world.**

Alice's love for her family, her friends, and music sustained her through the Holocaust. She found solace in the simple act of playing the piano and singing songs. Alice's story teaches us that love is the most powerful force in the world. It can overcome hate and adversity, and it can heal even the deepest wounds.

## **4. Purpose gives life meaning.**

Alice found purpose in her life through her love of music and her work as a concert pianist. She also found purpose in her role as a Holocaust survivor, sharing her story with others to help educate and prevent future atrocities. Alice's story teaches us that purpose gives life meaning. It helps us to feel connected to something greater than ourselves and it gives us a reason to keep living.

Alice Herz-Sommer was an extraordinary woman who lived an extraordinary life. Her story is an inspiring example of resilience, hope, love, and purpose. We can all learn from her example and strive to live our lives with the same courage, compassion, and love that she did.

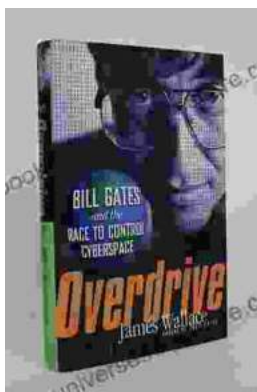


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