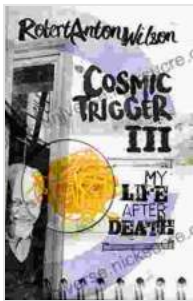


# Cosmic Trigger III: My Life After Death



## Cosmic Trigger III: My Life After Death by Robert Anton Wilson

★★★★☆ 4.7 out of 5

Language	: English
File size	: 4701 KB
Text-to-Speech	: Enabled
Screen Reader	: Supported
Enhanced typesetting	: Enabled
Word Wise	: Enabled
Print length	: 311 pages
Lending	: Enabled



Cosmic Trigger III: My Life After Death is the third book in the Cosmic Trigger trilogy by Robert Anton Wilson. The book is a memoir of Wilson's experiences with psychedelic drugs, meditation, and other altered states of consciousness.

The book begins with Wilson's account of his first experience with LSD in 1961. This experience led to a profound spiritual awakening, and Wilson began to explore the nature of reality, consciousness, and the human psyche.

In the years that followed, Wilson continued to experiment with psychedelics and other altered states of consciousness. He also studied a wide range of spiritual traditions, including Zen Buddhism, Tibetan Buddhism, and Taoism.

In *Cosmic Trigger III*, Wilson shares his insights into the nature of reality, consciousness, and the human psyche. He argues that the universe is a vast, interconnected web of energy and information. He also believes that consciousness is not limited to the brain, but is a property of the entire universe.

Wilson's book is a fascinating and thought-provoking exploration of the nature of reality and consciousness. It is a must-read for anyone interested in these topics.

### **Robert Anton Wilson**

Robert Anton Wilson (1932-2007) was an American author, philosopher, and psychologist. He is best known for his work on the nature of reality, consciousness, and the human psyche.

Wilson was born in New York City. He studied psychology at Columbia University, but dropped out before completing his degree. In the 1960s, Wilson began to experiment with psychedelic drugs. These experiences led to a profound spiritual awakening, and Wilson began to write about his experiences.

Wilson's first book, *Cosmic Trigger*, was published in 1977. The book was a critical and commercial success, and it helped to popularize Wilson's ideas about reality, consciousness, and the human psyche.

Wilson continued to write and publish throughout his life. He wrote over 50 books, including fiction, non-fiction, and plays. He also lectured extensively on his ideas.

Wilson's work has been translated into over 20 languages. He is considered one of the most important thinkers of the 20th century.

## **Psychedelics**

Psychedelics are a class of drugs that alter perception, mood, and thought. They are often used for spiritual, recreational, and therapeutic purposes.

Psychedelics have been used for centuries by indigenous cultures around the world. In the West, psychedelics were first introduced in the 1950s. They were initially used in psychiatric research, but their use soon spread to the counterculture.

In the 1960s, psychedelics became a symbol of the counterculture movement. They were used by people who were seeking to expand their consciousness and explore the nature of reality.

However, the use of psychedelics also led to some negative consequences. In 1966, the United States government passed the Controlled Substances Act, which made the possession and use of psychedelics illegal.

In recent years, there has been a growing interest in the therapeutic use of psychedelics. Studies have shown that psychedelics can be effective in treating a variety of mental health conditions, including depression, anxiety, and addiction.

## **Meditation**

Meditation is a practice that involves focusing the mind on a particular object or thought. Meditation has been shown to have a number of benefits,

including reducing stress, improving concentration, and increasing self-awareness.

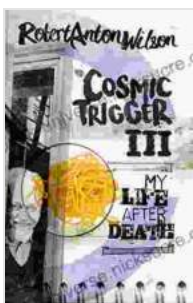
There are many different types of meditation. Some common types of meditation include mindfulness meditation, transcendental meditation, and Zen meditation.

Mindfulness meditation involves paying attention to the present moment without judgment. Transcendental meditation involves using a mantra to focus the mind. Zen meditation involves sitting in a still and silent position and focusing on the breath.

Meditation can be practiced by people of all ages and backgrounds. It is a simple and effective way to improve your mental and physical health.

## Altered States of Consciousness

Altered states of consciousness are states of mind that are different from ordinary waking consciousness. These states can be caused by a variety of factors, including drugs, meditation, and hypnosis.



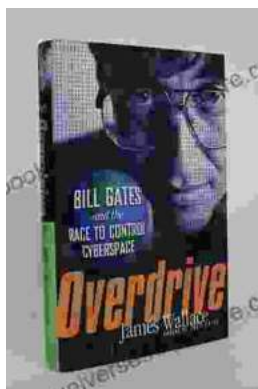
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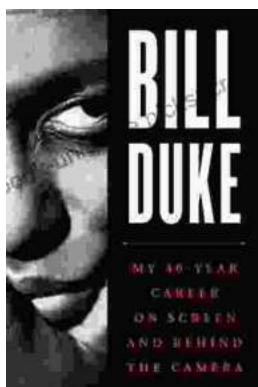
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